

# THRIVE! Southern Lorain County Mid-Year Snapshot (Dec '18-Jun '19)




POWERED BY




United Way of  
Greater Lorain County

**GOAL:** Provide Opportunities for Improved Nutrition, Increased Physical Activity & Informed Behavioral Health



 **34%**  
OF ADULTS IN RURAL  
LORAIN COUNTY ARE  
OBESE

 **24%**  
SELF-IDENTIFY AS SMOKERS  
(COMPARE TO 21% IN THE  
COUNTY'S URBAN AREAS)

  
**\$82,300** INVESTED  
ANNUALLY (FY '19)

**IMPROVE EMOTIONAL & BEHAVIORAL**  
well-being through programs offered in  
the community

**INCREASE ACCESS TO** exercise facilities  
including walking paths, classes for families &  
seniors, and walkable community areas

**IMPROVE THE OVERALL HEALTH OF** of  
community members through targeted wellness  
campaigns & develop a culture of wellness  
across the southern part of the county

**66%**  
OF RESIDENTS SELF-REPORTED BEING  
ACTIVE 3 OR MORE DAYS A WEEK



**68**  
THE AVERAGE MONTHLY ATTENDANCE AT  
CHAIR AND MAT YOGA AT HERRICK LIBRARY



**150**  
PARTICIPANTS IN THE NATIONAL  
HONOR SOCIETY RUN

**↓ 8%**  
DROP IN SELF  
REPORTED  
CONSUMPTION OF  
SUGARY DRINKS



**28**  
ELEVATED GARDEN BOXES GIVEN TO  
MEMBERS OF THE COMMUNITY