

THRIVE! Southern Lorain County Mid-Year Snapshot



POWERED BY



United Way of
Greater Lorain County

GOAL: Provide Opportunities for Improved Nutrition, Increased Physical Activity & Informed Behavioral Health



69%

OF ADULTS IN THE
SOUTHERNPARTSOFLORAIN
COUNTY ARE OBESE



24%

SELF-IDENTIFY AS SMOKERS
(COMPARE TO 21% IN THE
COUNTY'S URBAN AREAS)



\$82,300 INVESTED

INCREASE ACCESS TO exercise facilities
including walking paths, classes for families &
seniors, and walkable community areas

IMPROVE THE OVERALL HEALTH of community
members through targeted wellness campaigns
& develop a culture of wellness across the
southern part of the county

63%

SELF-REPORTED BEING ACTIVE 3
OR MORE DAYS A WEEK

INCREASE CONSUMPTION OF fresh fruit &
vegetables, targeting those with household
incomes at or below 200% of the federal
poverty rate



NEARLY
100%

INCREASE IN NUMBER OF ATTENDEES AT
UNITED WE SWEAT CLASSES THIS SEPTEMBER
FROM LAST SEPTEMBER



12%

INCREASE FROM PRIOR QUARTER

38%

SELF-REPORTED
CONSUMPTION OF 3
OR MORE SERVINGS OF
FRUIT OR VEGETABLES
PER DAY



124

SHARES OF CITY FRESH PRODUCE
DISTRIBUTED THIS SEASON