**Mid-Year Snapshot** (Dec ‘18-Jun ‘19)

**Goal:** Increase Awareness Of and Access To Physical Activity & Nutrition Resources to Reduce Metabolic Syndrome

- **34%** of adults in the rural Lorain County are obese.
- **17%** of adolescents aged 2 through 19 years are obese nationwide.
- **$47,000** invested annually (FY ‘19).

**Key Community Collaborative Efforts:***

**Increase Access To:**
Exercise opportunities by extending number of walking paths, walkable community areas, & opening athletic facilities for after-school use.

**Increase Consumption Of:**
- Fresh fruits & vegetables by providing access within the school district & surrounding community.

**Improve the Overall Health Of:**
Community members by developing a culture of wellness in the school district & surrounding community.

- **62%** of residents report being active 3 or more days per week.
- **24** indoor walking events added in the past 6 months, due to demand and the doubling of participation increase.
- **47%** report consumption of 3 or more servings of fruits or vegetables per day.

DATA REPRESENTATIVE OF KEY COMMUNITY COLLABORATIVE EFFORTS.