

KEY (KEYSTONE EMPOWERS YOU)

SNAPSHOT JUL '19-DEC '19



GOAL: Increase Awareness Of and Access To Physical Activity & Nutrition Resources to Reduce Metabolic Syndrome



45%

OF ADULTS IN RURAL LORAIN COUNTY ARE OBESE COMPARED TO 38% COUNTY WIDE



13%

OF 8TH GRADERS IN LORAIN COUNTY HAVE USED AN E-CIG IN THE PAST 30 DAYS



\$94,000 INVESTED ANNUALLY

IMPROVE THE OVERALL HEALTH of community members by developing a culture of wellness in the school district & surrounding community

INCREASE ACCESS TO exercise opportunities by extending number of walking paths, walkable community areas & opening athletic facilities for after-school use

INCREASE CONSUMPTION OF fresh fruits & vegetables by providing access within the school district & surrounding community



1,867

PARTICIPANTS IN INDOOR WALKING



487

CHILDREN SERVED THROUGH VARIOUS HEALTH INITIATIVES INCLUDING BRAIN FOODS (A PROGRAM WHERE KIDS TRIED NEW HEALTHY FOODS)

\$4,287

INVESTED IN PARK IMPROVEMENTS IN THE AREA INCLUDING BOCCE BALL AND DISC GOLF

